

"Be Still and know that I am God." Psalm 46:10

Adoration of the Blessed Sacrament

We invite you to our Chapel to come and spend time with our Lord Jesus in the Blessed Sacrament. If you would like to sign up for a particular hour, please call the parish office at 508-393-2838.



Hours that need to be filled by an adorer

Thursday - 1pm

Friday - 4pm, 6pm, 7pm

Saturday & Sunday - All are welcome at anytime



During Eucharistic Adoration and through our prayers, we watch and wait; we remain silent in His presence and open ourselves to His graces which flow from the Eucharist. Intimacy with the Lord in Eucharistic Adoration can deepen our awareness of just how much God loves us and how we respond to that love.

"Let this meeting with Jesus be a time of healing in mind, body, spirit and heart."

Vandy Brennan Nies

25 Ways to Spend an Hour with Jesus

1. Slowly read Holy Scripture until something hits you. Then listen.
2. Say a rosary.
3. Let God look at you.
4. Tell Him something that made you happy. Then listen.
5. Tell Him what you are afraid of. Then listen.
6. Tell Him what angers you. Then listen.
7. Speak about your loved ones.
8. Pray for an enemy.
9. Talk with Him about work.
10. Sing a song for Him in your heart.
11. Promise to trust Him.
12. Imagine Mary sitting next to you and praying with you.
13. Renew your loyalty to His Church.
14. Lean on Him. Tell Him you love Him.
15. Thank Him for the Sacraments.
16. Tell him your failures. Ask for help. Then listen.
17. Slowly recite the Beatitudes.
18. Say the Our Father slowly.
19. Say the Hail Mary slowly.
20. Say the Creed slowly.
21. Pray for vocations.
22. Ask Him to show you the next step.
23. Look at yourself. Count your gifts. Then thank God.
24. Pray for the world.
25. Enjoy being in His presence.

13 Reasons to Spend One Hour with Jesus in The Blessed Sacrament

1. You are greatly needed!
2. This is a personal invitation to you from Jesus.
3. Jesus is counting on you because the Eucharist is the center of life.
4. Your hour with Jesus in the Blessed Sacrament will repair for evils of the world and bring about peace on earth.
5. Day and night Jesus dwells in the Blessed Sacrament because you are the most important person in the world to Him!
6. Jesus wants you to do more than go to Mass on Sunday.
7. You grow spiritually with each moment you spend with Jesus.
8. The best time you spend on earth is with Jesus, your best friend, in the Blessed Sacrament!
9. Just as you can't be exposed to the sun without receiving its rays, neither can you come to Jesus exposed in the Blessed Sacrament without receiving the Divine Rays of His Grace, His Love, His Peace.
10. If Jesus were actually visible in church, everyone would run to welcome Him, but He remains hidden in the Sacred Host under the appearance of Bread, because He is calling us to faith, that we may come to him in humility.
11. For Peace in our country.
12. With transforming mercy, Jesus makes our heart one with His.
13. If the Pope himself would give you a special invitation to visit him in the Vatican, this honor would be nothing in comparison to the honor and dignity that Jesus Himself bestows upon you with the invitation of spending one hour with Him in the Blessed Sacrament.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.