

MARCH FOR LIFE 2019 IMPORTANT INFORMATION



GENERAL ITINERARY:

- Please be sure to eat dinner before you get to St. Bernadette
- Mass at St. Bernadette will be at 7:00 PM
- Bus will leave St. Bernadette to go to Washington DC at 8:00 PM on January 17th.
- *It is recommended that attendees bring enough spending money for meals (approximately \$10/meal) plus any spending money you will need.*
- Buses will leave St. Bernadette following the 7:00 PM Mass (at approx. 8:00 PM) and travel to Washington, DC. Drivers usually make a couple of stops at rest areas along the way. Participants will be dropped off at the Verizon Center or D.C. Armory (depending on where we get tickets) early in the morning of Friday, January 18th. Please plan on bringing food with you in the event the crowds prevent us from getting to the food venue—it gets very crowded. The March for Life begins with a rally at noon at the National Mall, we will be walking. Following the March, buses will be a short walk away at Stanton Park (drivers will provide further instruction for meeting them upon drop-off) Please be sure to board buses for the return trip promptly. Buses will arrive back at St. Bernadette parking lot in Northboro between midnight and 1:00 AM on Saturday morning, January 19th.
- Please plan on picking up your teen at St. Bernadette by 1:00 AM or make arrangements for them to get a ride home with someone.
- Dress warmly , layer your clothing and wear comfortable walking shoes! Remember to dress for cold weather, leggings or long underwear, boots to keep your feet warm, hats, gloves scarves etc. Please do not try to do this with just a sweatshirt. You will not be warm enough! A proper coat is necessary! Sweatpants are not warm enough!
- You may wish to bring a pillow and a light blanket for the bus. (We can leave items on the bus during the March.)
- You may wish to bring a spare pair of socks just in case your feet get wet or cold.

Remember that the bus company is not responsible for anything that is left on the bus while we are away from it. We will not have access to the bus while we are on the March, once they drop us off. We have no home until we meet up with them at 4:00 PM. Be prepared to carry whatever you bring that you are not able to leave on the bus.

The Verizon Center/D.C. Armory will only allow a small backpack into the building, please prepare accordingly.

And finally remember to keep this a prayerful experience. Bring your rosary. You may be cold, tired, hungry, etc. Offer it to our Lord for the dignity of all human life. If you have any questions, call Lori Howard. Office: 508-393-2838 or Youth Ministry Cell: 774-258-1891.

The bus fee is \$100 per seat. Online payment is accepted. Please make checks payable to: St. Bernadette Parish. All fees are non-refundable.

The registration deadline is January 5, 2019.